

Good Hearted Woman

Choreography : Carina Slijters
: Partner dance
Niveau : Beginner
Counts : 32
BPM : 111
Music : "Good Hearted Woman" by Ted & Helen
Intro : Starts on vocals
Start position : Sweetheart position

Heel, Hook, Heel, Close, Step, Pivot, Shuffle

1. RF Heel forward
2. RF Hook
3. RF Heel forward
4. RF Step next to LF
5. LF Step forward
6. LF+RF Make a ½ turn right
7. LF Step forward
& RF Step next to LF
8. LF Step forward

Heel, Hook, Heel, Close, Rock Step, Shuffle ½ Left

9. RF Heel forward
10. RF Hook
11. RF Heel forward
12. RF Step next to LF
13. LF Step forward
14. RF Weight back
15. LF Make a ¼ turn left, step to left
& RF Step next to LF
16. LF Make a ¼ turn left, step forward

¼ Left Chasse, Rock Step, Chasse, ¼ Right Rock Step

17. RF Make a ¼ turn left, step to right
& LF Step next to RF
18. RF Step to right
19. LF Step backwards
20. RF Weight back
21. LF Step to left
& RF Step next to LF
22. LF Step to left
23. RF Make a ¼ turn right, step backwards
24. LF Weight back

Count 1: Left hand free. Right hand men goes over head Lady

Count 2: Lady holds left hand men on hip hights

Count 7: Left hand free. Right hand men goes back over head Lady

Count 8: Right hand men stays above lady's head

M: Rock Step 2x, L: Pivot 2x, Scuff, Shuffle

Men
25. RF Step forward
26. LF Weight back
27. RF Step backwards
28. LF Weight back
Lady
25. RF Step forward
26. RF+LF Make a ½ turn left
27. RF Step forward
28. RF+LF Make a ½ turn left

Both

29. RF Step forward
30. LF Scuff forward
31. LF Step forward
& RF Step next to LF
32. LF Step forward
Count 29: Sweetheart position

Repeat